

RAHC ORIENTATION

Participants will have

Full attendance unless flexible delivery arrangements have been negotiated with facilitator and approved by NTGPE and RAHC Regional Manager.

Learning objectives

The overall aim is to improve patient safety and to this end the participant will demonstrate the ability to:

Part 1: Cultural orientation

- Describe key Aboriginal cultural issues of relevance in rural and remote Northern Territory;
- Explain the Kinship System and how it may impact on cross-cultural interactions between Aboriginal patients, patients and health professionals;
- Discuss Aboriginal perspectives on death and dying; and
- Discuss culturally appropriate behaviour required when working in rural and remote Aboriginal communities.

Part 2: Clinical orientation

- Describe key clinical problems within the remote indigenous clinical setting;
- Describe key clinical protocols when dealing with common clinical problems in rural and remote Aboriginal health context;
- Discuss culturally appropriate strategies and behaviours when providing primary care for indigenous persons;
- Demonstrate an understanding of cultural safety when working in the Aboriginal health clinical setting; and
- List resources and personal strategies to thrive when working and residing in isolated remote Aboriginal communities.

Performance criteria

- 100% attendance;
- Interaction in delivery sessions; and
- Completion of all assessments.

Participants

- Will come from a variety of healthcare disciplines, primarily: medicine, nursing, physiotherapy, occupational therapy, speech therapy, podiatry and nutrition;
- Some may have no or little previous experience working in a remote community;
- Some may have previous experience working in remote communities, either domestically or internationally;
- There will be a range of work experience within their discipline; and
- All will be appropriately credentialed registered healthcare professional.

Outcomes

- Cultural and clinical orientation for RAHC placement; and
- Professional development recognition.

Part 1: Cultural Orientation session delivery timetable

(Note: timetable is approximate and flexible and should account for individual needs in application)

Time	Element	Activities	Delivery Methods	Facilitator
	Assessment Activity 1	<i>Pre test - Assessment of knowledge, skills and attitudes through a needs analysis and pre-workshop quiz.</i>		
9:00	Cultural walk <ul style="list-style-type: none"> • <i>Aboriginal view of health</i> • <i>Bush tucker</i> • <i>Bush medicine</i> • <i>Kinship in action</i> • <i>Blame and payback</i> • <i>Curses</i> • <i>Traditional Healers</i> • <i>Treatment arising from Ceremonial activity</i> 	<i>Discussion</i>	This may be delivered during a cultural walk or small group discussion depending on location and the weather.	Aboriginal Cultural Educator (ACE)
11:00	Working within the Kinship Network <ul style="list-style-type: none"> • <i>The Kinship Network</i> • <i>Roles and responsibilities</i> • <i>Avoidance relationships</i> • <i>Working with the right members of the Kinship Network</i> • <i>Reciprocity – sharing</i> • <i>Working with elders</i> 	<i>Read and discuss</i>	Interactive small group work with posters and handouts.	ACE
12:00	LUNCH			
12:45	Aboriginal history in the NT and it impact on health <ul style="list-style-type: none"> • <i>Timeline in the NT</i> • <i>Narrative of the effects of policy changes on health and wellbeing</i> 	<i>Read and discuss</i>	Interactive small group work using flags and call cards and handouts.	ACE
13:45	Death, dying and sorry business <ul style="list-style-type: none"> • <i>Dying</i> • <i>Death</i> • <i>Sorry business</i> • <i>Hair and clothing</i> 	<i>Read and discuss</i>	Face to face verbal, PowerPoint, overheads, whiteboard and handouts.	ACE
14:45	Personal presentation and conduct <ul style="list-style-type: none"> • <i>Attitude</i> • <i>Conduct</i> • <i>Safety</i> • <i>What to wear</i> • <i>Greeting and addressing people</i> • <i>Communication</i> • <i>Sacred sites – where can I walk?</i> • <i>Buying artwork etc.</i> 	<i>Read and discuss</i>	Face to face verbal, PowerPoint, overheads, whiteboard and handouts.	ACE
15:15	Working in the Aboriginal community and health services <ul style="list-style-type: none"> • <i>ACCHS</i> • <i>The Aboriginal ‘community’ factionalism and politics</i> 	<i>Read and discuss</i>	Face to face verbal, PowerPoint, overheads, whiteboard and handouts.	ACE/AMSANT
16:00	Evaluation			ACE

Part 2: Clinical Orientation session delivery timetable

(Note: timetable is approximate and flexible and should account for individual needs in application)

Time	Element	Activities	Delivery Methods	Facilitator
8:00	Introductions and housekeeping	<i>Ensure all participants have completed pre-test activities (especially if they want PD points).</i>		
8:15	Health Service and Systems (S1) <ul style="list-style-type: none"> • <i>Demographics of the NT</i> • <i>Health services and systems in the NT</i> • <i>Social and environmental determinants of Aboriginal health</i> • <i>Common medical/health conditions</i> • <i>Clinical information, guidelines and support</i> 	<i>Read and discuss</i>	Face to face verbal, PowerPoint, overheads, whiteboard and handouts.	Medical Educator (ME)
9:15	Communication (S2) <ul style="list-style-type: none"> • <i>Common clinical presentations of ATSI patients in general practice</i> • <i>Barrier to effective communication</i> • <i>Appropriate verbal and non-verbal communication with ATSI patients</i> 	<i>Read and discuss</i>	Face to face verbal, PowerPoint, overheads, whiteboard and handouts.	ME
10:15	Break			
10:30	Management Tools (S3) <ul style="list-style-type: none"> • <i>Holistic framework for health management of ATSI patients</i> • <i>Adult health check proforma</i> • <i>Improve knowledge of local Aboriginal specific health, social and cultural resources</i> 	<i>Read and discuss</i>	Face to face verbal, PowerPoint, overheads, whiteboard and handouts.	ME
11:30	Teams in remote Aboriginal communities (S4) <ul style="list-style-type: none"> • <i>Team structure and dynamics</i> • <i>Why, when, where, what and how of a team</i> • <i>Case based discussion; teams and emergency management in remote communities</i> 	<i>Read and discuss</i>	Face to face verbal, PowerPoint, overheads, whiteboard and handouts.	ME or Nurse (N)
12:30	Lunch			
13:15	Living and working in rural or remote communities (S5) <ul style="list-style-type: none"> • <i>Description of communities</i> • <i>Contracts</i> • <i>Structure of remote health in NT</i> • <i>Clinic structure</i> • <i>Health centres and what to expect regarding people, positions and resources</i> • <i>Common ailments/conditions and use of CARPA Manual</i> • <i>Role/importance of AHW</i> 	<i>Read and discuss</i>	Face to face verbal, PowerPoint, overheads, whiteboard and handouts.	ME or N

Part 2: Clinical Orientation session delivery timetable (Cont.)

Time	Element	Activities	Delivery Methods	Facilitator
14:15	Stresses and challenges for rural and remote living and working (S6) <ul style="list-style-type: none"> • <i>Workloads</i> • <i>On call system</i> • <i>Loneliness/isolation</i> • <i>Personal safety</i> • <i>Dangers</i> • <i>Bush order system</i> • <i>Technology</i> • <i>What to bring</i> 	<i>Read and discuss</i>	Face to face verbal, PowerPoint, overheads, whiteboard and handouts.	ME or N
15:15	Assessment Activity 2	<i>Evaluation of Certificate of attendance provided</i>		ME or N
2-4 weeks	Assessment Activity 3	<i>Post test - Case Study reflective writing activity.</i> <i>To be sent between 2-4 weeks of engagement with the remote community.</i>		NTGPE for RACGP QA&CPD points allocation RAHC for nurses points allocation
4-6 weeks		<i>Professional development points given to nurses or GPs who have completed both pre and post test and full attendance.</i>		NTGPE for RACGP QA&CPD certificate RAHC for nurses certificate